



1. Before You Go

- Talk about what will happen
- Pack comfort items
- Agree on signals
- Choose a small goal

2. When You Arrive

- Start far away
- Let your child observe
- Ask how the distance feels

3. Approaching Santa

- Move forward only if your child agrees
- Follow small steps toward Santa

4. During the Visit

- Stay beside your child
- Let them lead

5. After the Visit

- Celebrate effort
- Debrief gently

Visual Schedule

<p>1. Get Ready Pack comfort items and choose goal.</p>	
<p>2. Arrive Stand far away and observe.</p>	
<p>3. Move Closer Take small steps forward only if ready.</p>	
<p>4. Meet Santa Wave, stand nearby, or give a note.</p>	
<p>5. Celebrate Praise effort and talk about experience.</p>	

